

The past month at Orange Tree Foundation has been a very busy one indeed. We believe in synergy and collaboration, and have partnered with a number of organisations to ensure the wellbeing of not only our students but their families as well. Allow us to give you a rundown of the recent happenings at OTF.

## OTF Scholarships for NUST Students

Following a recent agreement with NUST, OTF will be supporting students of NUST H-12 Campus Islamabad and PNEC - NUST, Karachi. OTF will award scholarships to deserving students from these campuses to enable them to pursue quality education at NUST, one of the top educational institutes of Pakistan.

We are positive that this partnership will prove to be fruitful and these students will become the agents of change in future!



## Nojud Scholarships

Glad to announce that Nojud is on board with us as one of our partners! Nojud by Nismah is a fashion social enterprise whose mission is to help empower individuals through education in Pakistan.

OTF is immensely grateful to Nojud's contribution and the significant part they are playing in improving the future of the youth through Nojud Scholarships.

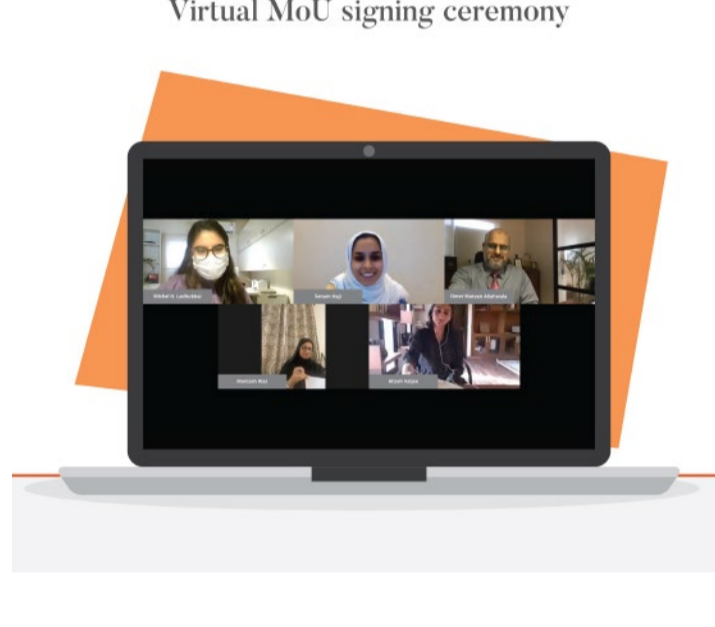


## Saaya Health

Although strides have been made in the mental health arena, it is still not given as much importance as it deserves and the affected individuals often shy away from identifying their mental health concerns due to the stigma attached to it even in these contemporary times.

Keeping this in mind, and to make mental health care more accessible to our beneficiaries, OTF has partnered with Saaya Health. Saaya Health is a company that uses technology to increase access to mental health and emotional wellbeing services for organisations and individuals.

Through this partnership we aim to assist our beneficiaries through counselling sessions to ensure emotional and mental wellbeing and promote mental health awareness.



## IHRI

Another of our partnerships for the healthcare program has been with IHRI Rehabilitation Centre & School to extend quality healthcare services to OTF Beneficiaries.

OTF ensures holistic wellbeing of our beneficiaries through its subsidiary programs and we are positive that this partnership would turn out to be very beneficial and enable them access to various therapy services by IHRI.

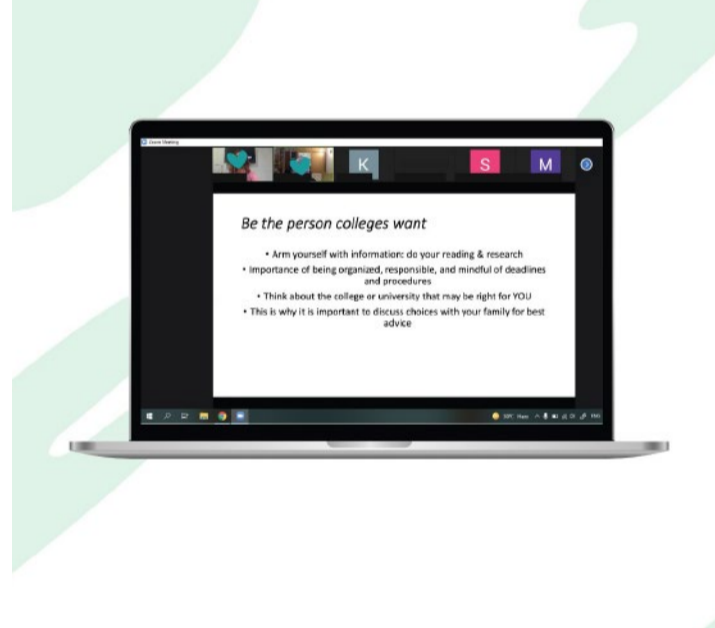


## Sessions for OTF Beneficiaries

### Career Counselling for OTF Scholars

There is no doubt about the role that career counselling plays in the lives of students. A good counsellor uncovers their potential and gives them useful tips to help them make correct choices.

Taking this into consideration, the OTF Academics Department held career counselling sessions for OTF Scholars with Ms Onaisa Abbasi. These sessions proved to be very valuable for the students and helped them attain proper guidance in setting up their short- and long-term goals. It was amazing to witness that the students were actively engaged throughout the session.



### Breast Cancer Awareness Session

October being Breast Cancer Awareness month, Hashmanis Hospital conducted an awareness session for our OTF beneficiaries to educate them about this disease. Thanks to Dr. Fareya Usmani, the OTF beneficiaries benefited from a wealth of related information and were able to have their concerns addressed as well.

Breast cancer is the most prevalent cancer in the world and while it is not preventable, it is surely treatable and manageable. Early detection, timely diagnosis, and proper breast cancer management increase one's chances at beating it. However, for that to happen it is extremely important to raise awareness about this disease and public health education plays a vital role here and that is exactly what we hoped to do through this session.



### Down Syndrome Awareness Session

October being the Down Syndrome Awareness month, Karachi Down Syndrome Program conducted an awareness session for the OTF staff and beneficiaries. The session started with a brief explanation of what the condition is, the myths and facts revolving around it, how one should address and talk to individuals with Down Syndrome, followed by an activity that the attendees were required to perform to help them understand the challenges faced by these individuals.

It was heartening to see the engagement that the attendees showed during the session and we truly thank KDSP for taking time out and educating us about this condition.

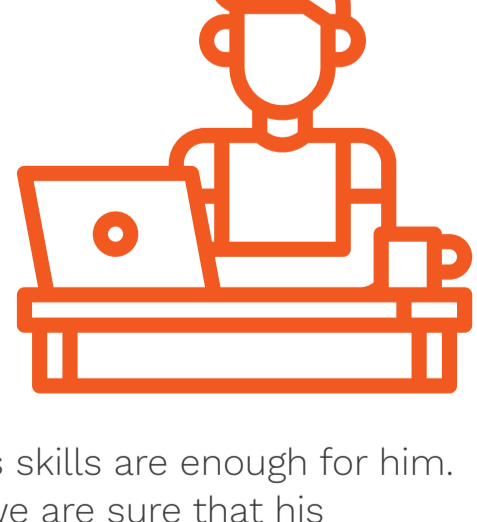


## Inspirational Story

### When you have faith in yourself and backing from your parents, there is nothing that you cannot achieve.

One of the OTF Scholars, HA, is enrolled at Karachi University and pursuing his BSCS. His father has 4 more children to support. While it is a struggle for him to support his family with his modest income, he is very keen that his children attain the education that he himself was unable to due to lack of resources.

HA opted for an evening program in order to be able to work during the mornings and contribute at home but sadly he is yet to find a job. However, he is a spirited lad, very motivated and ambitious. He believes he is not dependent on a degree, rather his skills are enough for him. He wants to become a top freelancer in Pakistan and we are sure that his determination will help him achieve success.



## Scholarship applications are currently open!

If you know someone who is struggling to provide their children with quality education, and their children need and deserve a scholarship to be able to continue their studies, please refer them to OTF and help secure a student's future.

You can access the regular OTF scholarship application form here:

<https://bit.ly/otf-reg>

And the Diya-OTF Scholarship application form for higher education here:

<https://bit.ly/Diya-OTF-Scholarships>